

# NUTRI-SERVE FOOD MANAGEMENT, INC.

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School Food Service Management  
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September 2008

Dear Parents/Guardians,

Nutri-Serve Food Management, Inc. will once again be managing the food service program at Springfield Township School. We are looking forward to serving your children nutritious, tasty, and appetizing meals. In partnership with you, we would like to assist in teaching them about good nutrition and help develop healthy eating habits. Here are some highlights of our program.

## ORDERING

Students have a choice of seven entrees. These include the "Main", Alternate, Cereal Bag, Bagel Bag, Grab N Go Sandwich, Shaker Salad or Peanut Butter & Jelly. They will make this choice in their classrooms each morning.

## SERVICE

The "Offer vs. Serve" program is in place in the district. Students have the option to choose all five components of the lunch or to take a minimum of three. In this program children are not required to take an item if they absolutely do not want it.

To make this program easy and fun, we have incorporated a concept called "**Balloons for a Balanced Lunch**". Each lunch component or food group is represented by a corresponding colored balloon. The "balloons" are colored stickers or paper balloons that are placed on the line in front of the lunch component it represents. When a child has chosen a food from every color, they will know that they have a balanced lunch.

The five components offered each day are:

- |  |                |
|--|----------------|
| 1. Meat or Meat Alternate                | Red Balloon    |
| 2. Enriched bread, rice or pasta         | Brown Balloon  |
| 3. Fresh or chilled fruit or juice       | Yellow Balloon |
| 4. Hot or cold vegetable                 | Green Balloon  |
| 5. Choice of Milk                        | Blue Balloon   |
| 6. Bonus foods are offered occasionally. | Orange Balloon |

## SELECTION

The key to having well - balanced nutrition is variety and moderation. Ala Carte items are available to students daily. We serve items that are baked, low fat, single serve or sugar free. Items vary from day to day.

Some examples are:

- Fresh Fruit
- 100% Fruit Juice
- Baked Chips
- Soft Pretzels
- Flavored Waters
- Low Fat Ice Cream
- Milk - all flavors and varieties (skim, 1%, - whole)

Students buying lunch will have the opportunity to purchase ala carte items as they go through the lunch line. Milk, juice and snacks are also available for students that bring their lunch.

### **FLEXIBILITY IN PAYMENT**

Due to price increases from every direction, the lunch prices have been increased to \$2.25 for paid lunches, milk has been increased to \$.50, reduced lunches remain at \$.40.

In September, only those students who were approved for reduced or free lunches last year, are eligible until applications for this school year have been approved. All parents/guardians are encouraged to complete the lunch application and return it to the school as soon as possible. Each year the income requirements change, so those who were denied in previous years may now qualify.

You have the option to pay on a daily, weekly or monthly basis. To insure that the money you send in is used for lunch tickets; we suggest that you send a check made out to Springfield Township School District. Please place the check/cash in an envelope with the student's full name, teacher, and the amount enclosed. There is also an order form at the bottom of the monthly menu.

As adults we understand that the more you know about good nutrition, the healthier you will be. Kids learn best by example. Encourage them to make healthy choices for themselves and to exercise regularly. Thank you for your cooperation and assistance. Nutri-Serve Food Management, Inc. is striving for a better child nutrition program in your district.

If you have any questions, please call Debbie Harris, Food Service Director at 723-2479 X 4

Sincerely,

Debbie Harris  
Food Service Director