



# Springfield School District October 2009



Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Prices:</b></p> <p>Student Paid: \$2.30                      Student Reduced: \$.40                      Asst. Chips \$ .50                      Milk: \$ .50                      Ice Cream \$.50/1.00</p>	<p><b>All Lunches</b></p> <p><b>Include</b></p> <p><b>Milk</b></p> <p><b>Bread</b></p> <p><b>and</b></p> <p><b>Fruit</b></p> <p><b>Choice</b></p>	<p>Try our New</p> <p><b>Romaine Wrap</b></p> <p>Turkey, Cheese</p> <p>and</p> <p>Veggies</p> <p>all wrapped in Romaine Lettuce</p>		<p>Welcome Fall! 1</p> <p><b>Hot Turkey w/Gravy</b></p> <p>or</p> <p><b>Cereal Bag</b></p> <p>Lunch Choice Includes</p> <p><b>Baked Sweet Potatoes and Apples</b></p> <p><b>Harvest Pudding with Topping</b></p>	<p>2</p> <p><b>Joe's Pizza</b></p> <p>or</p> <p><b>Tuna on a Bun</b></p> <p>Lunch Choice Includes</p> <p>Garden Sald</p> <p>Fruit Choice</p>
<p><b>Available Daily:</b></p> <p> Hot Dog</p> <p>Assorted Salads</p> <p>Cheese Sandwich</p> <p>Fresh Fruit</p> <p>Bread Basket</p> <p><b>Milk Choices:</b> 1%, Choc.</p> <p>Strawberry, Skim</p>	<p>5</p> <p><b>Meatball Parm Sand</b></p> <p>or</p> <p><b>Cheeseburger on a Bun</b></p> <p>Lunch Choice Includes</p> <p><b>Broccoli Salad</b></p> <p>Buttered Noodles</p>	<p>6</p> <p><b>Hot Ham &amp; Cheese on a Pretzel</b></p> <p>or</p> <p><b>Romaine Wrap</b></p> <p>Lunch Choice Includes</p> <p>Carrot Coins</p> <p>Chilled Fruit</p>	<p>7</p> <p><b>BBQ Shredded Pork</b></p> <p>or</p> <p><b>Bagel Bag</b></p> <p>Lunch Choice Includes</p> <p>Baked Fries</p> <p><b>Orange Smiles</b></p>	<p>8</p> <p><b>Nacho's Grande</b></p> <p>or</p> <p><b>Cereal Bag</b></p> <p>Lunch Choice Includes</p> <p>Golden Corn</p> <p><b>Rice and Beans</b></p>	<p>9</p> <p><b>Pizza Slice</b></p> <p>or</p> <p><b>Tuna on a Bun</b></p> <p>Lunch Choice Includes</p> <p>Garden Salad</p> <p><b>Fresh Grapes</b></p>
<p><b>What's New this Month...</b></p> <p><i>Vegetable of the Month:</i></p> <p style="color: green;"><b>Broccoli</b></p> <p><i>Fruit of the Month:</i></p> <p style="color: green;"><b>Grapes</b></p>	<p>12</p> <p><b>Columbus Day</b></p> <p>  </p> <p><b>School Closed</b></p>	<p>13</p> <p><b>Chicken Patty on a Bun</b></p> <p>or</p> <p><b>Romaine Wrap</b></p> <p>Lunch Choice Includes</p> <p>Oven Browned French Fries</p> <p>Seasoned Green Beans</p> <p><b>Raffle Today!!!</b></p>	<p>14</p> <p><b>French Toast Sticks w/Syrup</b></p> <p>or</p> <p><b>Bagel Bag</b></p> <p>Lunch Choice Includes</p> <p>Sausage Patty</p> <p><b>Hot Cinnamon Apples</b></p> <p><b>Grape Juice</b></p>	<p>15 </p> <p><b>Grilled Cheese</b></p> <p>or</p> <p><b>Cereal Bag</b></p> <p>Lunch Choice Includes</p> <p>Tomato Soup</p> <p>Goldfish Crackers</p> <p>Diced Pears</p>	<p>16</p> <p><b>Joe's Pizza</b></p> <p>or</p> <p><b>Tuna on a Bun</b></p> <p>Lunch Choice Includes</p> <p><b>Fresh Apple Cole Slaw</b></p> <p>Garden Salad</p> <p><b>Fresh Grapes</b></p>
<p><i>PrePaid Tickets Available in Advance</i></p> <p><b>Balloons for Balanced Lunch</b></p> <p> Orange = Grains</p> <p> Green = Vegetables</p> <p> Red = Fruits</p> <p> Blue = Milk</p> <p> Purple = Meat &amp; Beans</p> <p> Yellow=Oils &amp; X Energy</p>	<p>19</p> <p><b>Popcorn Chicken</b></p> <p>or</p> <p><b>Cheeseburger on a Bun</b></p> <p>Lunch Choice Includes</p> <p><b>Orange Rice Pilaf</b></p> <p>Green Beans</p>	<p>20</p> <p><b>Baked Ziti w/Meat Sauce</b></p> <p>or</p> <p><b>Romaine Wrap</b></p> <p>Lunch Choice Includes</p> <p>Tossed Salad</p> <p><b>Fresh Apple</b></p>	<p>21</p> <p><b>Mini Corn Dogs</b></p> <p>or</p> <p><b>Bagel Bag</b></p> <p>Lunch Choice Includes</p> <p>Baked Beans</p> <p><b>Harvest Pudding with Topping</b></p>	<p>22</p> <p><b>South of the Border Taco's</b></p> <p>or</p> <p><b>Cereal Bag</b></p> <p>Lunch Choice Includes</p> <p><b>Black Bean Salad</b></p> <p>Fluffy Rice</p>	<p>23</p> <p><b>Pizza Slice</b></p> <p>or</p> <p><b>Tuna on a Bun</b></p> <p>Lunch Choice Includes</p> <p>Garden Salad</p> <p>Fruit Choice</p>
	<p>26</p> <p><b>Chicken Patty on a Bun</b></p> <p>or</p> <p><b>Cheeseburger on a Bun</b></p> <p>Lunch Choice Includes</p> <p>Baked Fries</p> <p>Fruit Choice</p>	<p>27</p> <p><b>Perogies</b></p> <p>or</p> <p><b>Romaine Wrap</b></p> <p>Lunch Choice Includes</p> <p><b>Fresh Broccoli with Dip</b></p> <p><b>Raffle Today!!!</b></p>	<p>28</p> <p><b>Oven Baked Chicken</b></p> <p>or</p> <p><b>Bagel Bag</b></p> <p>Lunch Choice Includes</p> <p>Mashed Potatoes</p> <p><b>Fresh Banana</b></p>	<p>29</p> <p><b>French Toast w/ Sausage Patty</b></p> <p>or</p> <p><b>Cereal Bag</b></p> <p>Lunch Choice Includes</p> <p>Hash Brown Stick</p> <p><b>Orange Smiles</b></p>	<p>30</p> <p><b>Joe's Pizza</b></p> <p>or</p> <p><b>Tuna on a Bun</b></p> <p>Lunch Choice Includes</p> <p>Garden Salad</p> <p>Fruit Choice</p>
Menu subject to change without notice*				SPF @nsfm.com	

