







Springfield November 2009



Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Prices:</p> <p>Student Paid: 2.30 Asst Chips .50 Ice Cream .75 Water .50/1.00</p>	2 Cheesesteak Sandwich Oven Baked French Fries Green Beans or Cheeseburger on a Bun	3 Chicken Fajitas Red Beans and Rice Golden Corn or Cereal Bag	4 Pizza Garden Salad Fruit Choice or Veggie Wrap	5 NJEA Convention NO SCHOOL	6 NJEA Convention NO SCHOOL
<p>Available Daily:</p> <p>Hot Dog Assorted Salads Cheese Sandwich</p> <p>Milk Choices; 2%, Choc. Strawberry, Skim</p>	9 Popcorn Chicken Sweet Potato and Apple Bake Buttered Noodles or Cheeseburger on a Bun	10 French Toast w/ Ham Slice Hash Brown Stick Hot Apple Crisp or Cereal Bag	11 School Closed Veterans Day	12 Hot Ham & Cheese on a Pretzel Bun Tomato Soup Seasoned Green Beans or Bagel Bag	13 Joe's Pizza Fresh Garden Salad Fruit Choice or Tuna on a Bun
	<p>What's New this Month...</p> <p><i>Vegetable of the Month:</i></p> <p style="text-align: center;">Pumpkin</p>  <p>PrePaid Tickets Available in Advance</p> <p>Balloons for Balanced Lunch</p> <p>Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow=Oils & X Energy</p>	16 Meatball Parm on a Torpedo Seasoned Green Beans Veggie Pasta Salad 100 % Apple Juice or Cheeseburger on a Bun	17 Thanksgiving Feast With All the Fixings! or Hot Dog On a Bun	18 Mini Corn Dogs Baked Beans Smile Fries or Veggie Wrap Early Dismissal	19 Chicken Patty on a Bun Macaroni & Cheese Celery Stick w/ Dip or Bagel Bag Early Dismissal
	23 School Closed Teacher In Service	24 School Closed Teacher In Service	25 School Closed Teacher In Service	26 	27 School Closed
	30 Chicken Nuggets Orange Glazed Carrot Coins Rice Pilaf or Cheeseburger on a Bun Welcome Back Raffle!!		<p>Lunch Choices</p> <p>Include</p> <p>Milk</p> <p>Bread</p> <p>Fruit</p> <p>Vegetable</p>		<p>New Item</p> <p>Veggie Wrap Assorted Veggies with Ranch Dressing in a Wrap</p>