










# Springfield School District September 2010



	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
				 Fresh Apple Slices Milk Choice	Half Slice Pizza <b>Early Dismissal</b> Milk Choice
<b>Milk Choices</b> 2% White Chocolate Strawberry	6  <b>LABOR DAY</b> SCHOOL CLOSED	7  Peach Cup with Graham Crackers  Milk Choice	8  Half Cheese Sandwich  Milk Choice	9  Trix Yogurt  Milk Choice	10  Pudding with Topping  Milk Choice
	13  Chilled Pears with Graham Crackers  Milk Choice	14  Baked Lays  Milk Choice	15  Frosted Flakes  Milk Choice	16  Half Bagel with Cream Cheese  Milk Choice	17  Half Slice Pizza  Milk Choice
<b>Balloons for Balanced Lunch</b>  Orange = Grains  Green = Vegetables  Red = Fruits  Blue = Milk  Purple = Meat & Beans  Yellow=Oils & X Energy	20  Pretzel Rods  Milk Choice	21  Watermelon Slice  Milk Choice	22  Celery Sticks with Dip Cup  Milk Choice	23  Fresh Fruit and Graham Crackers  Milk Choice	24  Sun Chips  Milk Choice
	27  Cheese and Crackers  Milk Choice	28  Half Ham & Cheese Sandwich  Milk Choice	29  Peach Cup with Graham Crackers  Milk Choice	30  Cook's Choice!  Milk Choice	